



Daybreak Adult Day Services

Lunch Menu October 2026



Milk, Lemonade, Iced Tea, and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
			1 Chicken Nuggets Pasta Salad Mixed Vegetables Applesauce	2 Chipped Beef & Gravy w/ Biscuit Scrambled Egg Patty Hash Brown Mandarin Oranges
5 Oven Baked Fish Dinner Roll(s) Lima Beans Macaroni and Cheese Pears	6 Tuna Salad on W/W Bread Tomato Cucumber Salad Fruit Cocktail	7 Hot Dog on Bun Potato Salad Oranges	8 Steak & Cheese on sub roll w/Peppers & Onions Mandarin Oranges	9 Egg Salad on W/W Bread Mixed Fruit Cucumber-Tomato Salad
12 Ham and Cheese on W/W Bread Carrot Raisin Salad Sliced Apples	13 Chicken Patty on bun Broccoli Salad Pineapple tidbits	14 Fish Patty on Bun Coleslaw Mixed Berries	15 Sausage Patties Pancakes Hash Brown Strawberries	16 Sloppy Joe w/ Bun Coleslaw Peaches
19 Baked Fish Sandwich on Bun Stewed Tomatoes Macaroni and Cheese Pears	20 Ground Beef & Spanish Rice Corn Dinner Roll(s) Tropical Fruit	21 Chicken Tenders Macaroni & Cheese Dinner roll(s) Fruit Cocktail	22 Turkey on W/W Bread Pasta Salad Pea Salad Mandarin Oranges	23 Chicken Salad on Croissant Broccoli Salad Cantaloupe
26 Turkey & Cheese Peaches Macaroni Salad	27 Meatloaf Dinner Roll(s) Parmesan Potatoes Tropical Fruit	28 Hot Dog on Bun Sauerkraut Baked Beans Fruit Medley	29 Biscuit & Sausage w/Gravy Hashbrown Potatoes Applesauce	30 Spaghetti & Meat Sauce Garden Salad Garlic Bread Pineapple