

# Daybreak Adult Day Services

## Lunch Menu September 2026



, Lemonade, Iced Tea, and Water offered with lunch. LUNCH SERVED DAILY at NOON.

| Mon                                                                             | Tue                                                                            | Wed                                                                                          | Thu                                                                    | Fri                                                                                         |
|---------------------------------------------------------------------------------|--------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
|                                                                                 | 1 Breaded Chicken Breast<br>Waffles<br>Glazed Carrots<br>Strawberries<br>Milk  | 2 Hamburger w/Bun<br>Potato Salad<br>Watermelon Cubes                                        | 3 Baked Chicken w/Gravy<br>Green Beans<br>Macaroni Salad<br>Pineapples | 4 Italian Lunch Meat on<br>Sub Roll<br>Vegetable Soup<br>Pears<br>Milk                      |
| 7<br><b>CLOSED</b>                                                              | 8 Chicken Tenders<br>Pasta Salad<br>Mixed Vegetables<br>Tropical Fruit         | 9 Tuna Salad on wheat<br>bread<br>Vegetable Soup<br>Pineapple<br>Milk                        | 10 Taco Salad w/Beef<br>& Cheese<br>Chips<br>Pears<br>Milk             | 11 Ham & Cheese Sandwich<br>on wheat bread<br>Bean Salad<br>Potato Soup<br>Mandarin Oranges |
| 14 Baked Chicken<br>Mixed Vegetables<br>Bread Dressing<br>Peaches               | 15 Egg Salad on w/w/bread<br>Tomato & Cucumber<br>Salad<br>Mixed Fruit<br>Milk | 16 Baked Fish Sandwich<br>w/Cheese on Bun<br>Green Beans<br>Macaroni Salad<br>Tropical Fruit | 17 Hot Dogs on Bun<br>Baked Beans<br>Cole Slaw<br>Watermelon Cubes     | 18 Salisbury Steak<br>Mashed Potatoes & Gravy<br>Carrots<br>Apples<br>Dinner Roll           |
| 21 Meat Lasagna<br>Green Beans<br>Fruit cocktail<br>Garlic Bread<br>Milk        | 22 Pancakes<br>Sausage Patty<br>Hash Brown<br>Baked Apples                     | 23 Sloppy Joe<br>Carrots<br>Applesauce                                                       | 24 BBQ Pork w/Bun<br>Coleslaw<br>Peaches                               | 25 Chicken Alfredo<br>w/ noodles<br>Lima Beans<br>Pineapple<br>Milk                         |
| 28 Cheeseburger on bun<br>w/ Lettuce, Tomato<br>Potato Salad<br>Peaches<br>Milk | 29 Chicken Patty on Bun<br>Broccoli Salad<br>Pasta Salad<br>Pineapples         | 30 Spaghetti & Meatballs<br>Broccoli & Cheese<br>Pears                                       |                                                                        |                                                                                             |