



Daybreak Adult Day Services

Lunch Menu

July 2026



Milk, Lemonade, Iced Tea, and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
		1 Swedish Meatballs Egg Noodles Carrots Apples	2 Meat Lasagna Green Beans Garlic Bread Lettuce/Tomato Fruit Cocktail	3 Hot Dogs Baked Beans Cole Slaw Watermelon Cubes
6 Baked Fish Cole Slaw Pears	7 Salisbury Steak Mashed Potatoes & Gravy Carrots Oranges	8 BBQ Pork Coleslaw Peaches	9 Tuna Sandwich Tomato/Cucumber Salad Oranges	10 Chicken Patty Sandwich Lettuce/Tomato Broccoli Salad Pineapples
13 Sloppy Joe Carrots Applesauce	14 Easy Cheesy Breakfast Bake w/ Biscuit Sausage Patty Baked Apples	15 Ham & Cheese Sandwich 3 Bean Salad Potato Soup Pineapples	16 Baked Fish Stew Tomatoes Mac & Cheese Pears	17 Pizza Burger Green Beans Fruit Cocktail
20 Chicken Tenders Pasta Salad 3 Bean Salad Pineapples	21 Baked Chicken Mixed Vegetables Bread dressing Peaches	22 Pancakes Sausage Patty Hash Brown Baked Apples	23 Turkey & Cheese Sandwich Cole Slaw Pears	24 Chipped Beef & Gravy w/Biscuit Scrambled Egg Patty Hash Brown Applesauce
30 Cheesburger w/Bun Lettuce, Tomato Broccoli Salad Watermelon Cubes	28 Hot dog w/ bun Potato Salad Peaches	29 Egg Salad Sandwich 3 Bean Salad Pears	30 Baked Ziti Garden Salad Peaches	31 Meatball Sub w/ Sauce & Cheese Orange Segments