

Monday

Tuesday

Wednesday

Thursday

Friday



May 2026

10:45- Pictionary (G) 1
 10:45- Mini Shuffleboard (P)
 1:00- **Dance w/ ClancyWorks! (G)**
 1:00- Mini Maypole Craft (P)
 2:00- Snack & Chat
 2:30- Friday Flix

May Day

10:45- Mindfulness Monday (G) 4
 10:45- The Star Wars Effect (P)
 1:00- Noodle Jedi Training (Chair Exercise) (G)
 1:00- DYO "Droid" (P)
 2:00- Snack & Chat
 2:30- Star Wars Word Games

Star Wars Day

10:45- Bowling (G) 5
 10:45- Bible Study (P)
 1:00- ¡Bailar Conmigo! - Cinco de Mayo Dance (G)
 1:00- Jigsaw Puzzle Club (P)
 2:00- Snack & Chat
 2:30- Let's Learn- Spanish Basics!

Cinco de Mayo
 Montessori School Visit

10:45- Friends & Fellowship (G) 6
 10:45- Water Pong (P)
 1:00- Soda or Pop? (This or That) (G)
 1:00- Can Rollers (P)
 2:00- Snack & Chat
 2:30- The Cola Wars

Beverage Day

10:45- USA 250th w/ Charlie (G) 7
 10:45- Frederick County Trivia Game (P)
 1:00- Virtual Tour of Frederick (G)
 1:00- Chair Yoga (P)
 2:00- Snack & Chat
 2:30- Karaoke Club

Tourism Day

10:45- **Live w/ Amy Andrews (G)** 8
 10:45- The History of the Red Cross (P)
 1:00- **Dance w/ ClancyWorks! (G)**
 1:00- Club Domino (Dominoes) (P)
 2:00- Snack & Chat
 2:30- Friday Flix

World Red Cross Day

10:45- Mindfulness Monday (G) 11
 10:45- Monotone Papercraft (P)
 1:00- Weird Phenomena (G)
 1:00- Miniature Curling (P)
 2:00- Snack & Chat
 2:30- TV Classics - The Twilight Zone

Twilight Zone Day

10:45- BINGO (G) 12
 10:45- Bible Study (P)
 1:00- **Music & More w/ Glenda! (G)**
 1:00- Community Canvas - Here's to Our Nurses! (P)
 2:00- Snack & Chat
 2:30- Hangman!

International Nurses Day

10:45- Friends & Fellowship (G) 13
 10:45- Froggy Football (P)
 1:00- **Fitness Class w/ Country Meadows**
 1:00- Frog on a Log Craft (P)
 2:00- Snack & Chat
 2:30- Wild Wild World - Poison Dart Frog

Frog Jumping Day

10:45- Chair Volleyball (G) 14
 10:45- Breakfast Trivia! (P)
 1:00- Biscuit-ball (Basketball) (G)
 1:00- Get This Bread! (Money Management Challenge) (P)
 2:00- Snack & Chat
 2:30- Karaoke Club

National Buttermilk Biscuit Day

10:45- Protect Our Wildlife! (G) 15
 10:45- Watercolors - Wildlife (P)
 1:00- **AJ's Jazz Band (G)**
 1:00- UNO! (P)
 2:00- Snack & Chat
 2:30- Friday Flix

Endangered Species Day

10:45- Mindfulness Monday (G) 18
 10:45- Watercolors - Unearthed Artifacts (P)
 1:00- Cornhole (G)
 1:00- Wonders of the World Trivia (P)
 2:00- Snack & Chat
 2:30- Virtual Museum Tours

International Museum Day

10:45- Chair Volleyball (G) 19
 10:45- Bible Study (P)
 1:00- Burger Time JEOPARDY! (G)
 1:00- Velcro Ball Toss! (P)
 2:00- Snack & Chat
 2:30- Burgers Around The World

Hamburger Month

10:45- Friends & Fellowship (G) 20
 10:45- Paper Airplane Building (P)
 1:00- **Birthday Celebrations - Presented by HeartFields! (G)**
 1:00- Crossword Interactive! (P)
 2:00- Snack & Chat
 2:30- The Science of- Flight!

Amelia Earhart Day

10:45- **Memorial Day Sing-A-Long w/ Charlie (G)** 21
 10:45- I Spy! (P)
 1:00- **WAGS FOR HOPE (G)**
 1:00- You Be The Judge! (P)
 2:00- Snack & Chat
 2:30- Karaoke Club

Mystery Month

10:45- Foil Ship Challenge! (G) 22
 10:45- Ship Shape! (Chair Exercise) (P)
 1:00- **Dance w/ ClancyWorks! (G)**
 1:00- Shuffleboard Football (P)
 2:00- Snack & Chat
 2:30- Friday Flix

Trip to SENIOR PARK - Leave @ 12:30 PM
 National Maritime Day

25

Memorial Day

10:45- Cornhole(G) 26
 10:45- Bible Study (P)
 1:00- **Live w/ Dale & Garrey (G)**
 1:00- Quiet Reflections (P)
 2:00- Snack & Chat
 2:30- The Science of- Space Flight

Sally Ride Day

10:45- Friends & Fellowship (G) 27
 10:45- Otter Pop! (Hot Potato) (P)
 1:00- Wild Wild World - Otters (G)
 1:00- Clay Otter Craft (P)
 2:00- Snack & Chat
 2:30- Word Game Mania!

World Otter Day
 Matthew Melvin Performance 12:30-1:30PM

10:45- BINGO! (G) 28
 10:45- Shuffleboard Baseball (P)
 1:00- Better With Time - Celebrating Our Participants! (G)
 1:00- Remember That Time? Trivia (P)
 2:00- Snack & Chat
 2:30- Karaoke Club

Older Americans Month

10:45- Asian American JEOPARDY! (G) 29
 10:45- Frisbee Golf (P)
 1:00- **Dance w/ ClancyWorks! (G)**
 1:00- Jigsaw Puzzle Club (P)
 2:00- Snack & Chat
 2:30- Friday Flix

Asian American Month

Please Submit Field Trip Forms By Friday, May 8th. All groups subject to change. Thank you! - Daybreak Activity Team