



Daybreak Adult Day Services

Lunch Menu

March 2026



Milk, Lemonade, Iced Tea, and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
2 Meat Lasagna Green Beans Garlic Bread Fruit Cocktail	3 Chicken Tenders Mixed Vegetables Macaroni Salad Pineapple	4 Pancakes Sausage Patties Hashbrown Potatoes Baked Apples	5 Hot Dog on Bun Sauerkraut Baked Beans Peaches	6 Baked Fish on Bun Potato Salad Pears
9 Beef Chili Cole Slaw Corn Muffin Pears	10 BBQ Pork Sandwich On bun Cole Slaw Peaches	11 Sloppy Joe on Bun Carrots Applesauce	12 Chicken Pot Pie Peas and Carrots Biscuit Oranges	13 Tuna Salad on WW Bread Cucumber slices Tomato Soup Pineapple
16 Baked Ham Sweet Potatoes Dinner Roll Fruit Cocktail	17 Sausage Gravy with Biscuits Scrambled Egg Patty Hashbrown Potatoes Peaches	18 Salisbury Steak & Gravy Carrots Mashed Potatoes Dinner Roll Pears	19 Chicken Salad on WW Bread Cucumber salad Minestrone Soup Pineapple tidbits	20 Swedish Meatballs Egg Noodles Mixed vegetables Peaches Dinner Roll
23 Turkey & Cheese Sand- wich on WW Bread Italian Wedding Soup Cucumber Salad Pears	24 BBQ Chicken Sandwich With bun Potato Salad Coleslaw Fruit Cocktail	25 Chipped Beef on Biscuits Scrambled Egg Patty Hashbrown Potatoes Baled Apples	26 Beef Stew with Gravy Green Beans Noodles Oranges	27 Egg Salad Sandwich On WW bread Three bean Salad Peaches
30 Baked Chicken Macaroni & Cheese Green Beans Pineapples	31 Ham & Cheese on WW Bread Pea Salad Applesauce			