



# Daybreak Adult Day Services

## Lunch Menu

February 2026



Milk, Lemonade, Iced Tea, and Water offered with lunch. **LUNCH SERVED DAILY at NOON.**

Mon	Tue	Wed	Thu	Fri
2 Hot Dogs with Bun Sauerkraut Baked Beans Fruit Medley	3 Meatloaf with Gravy Green Beans WG Dinner Rolls Fruit Cocktail	4 Fish Patty with Bun Vegetable Soup Orange Segments	5 Hot Turkey Sandwich With Gravy and Bread Mashed Potatoes Pears	6 Sausage Gravy with Biscuit Scrambled Egg Patty Hashbrown Potatoes Applesauce
9 Chicken Parmesan with Penne Pasta and Tomato Sauce Broccoli Fruit Cocktail	10 Ham Steak Sweet Potatoes with Raisins WG Dinner Rolls Pineapple Tidbits	11 Swedish Meatballs Egg Noodles Green Beans Peaches Dinner Roll	12 Tuna Salad on WG Bread Potato Salad Minestrone Soup Pears	13 Beef Chili Coleslaw Corn Bread Pears
16 Salisbury Steak with Gravy Carrots Mashed Potatoes Dinner Roll Pears	17 Roasted Turkey With Gravy Bread Stuffing Peas Baked Pears	18 Pulled Pork on Bun California Blend Vegetables Baked Beans Fruit Cocktail	19 Chipped Beef on Biscuits Scrambled Egg Patty Hashbrown Potatoes Peaches	20 Oven Baked Chicken Rice Pilaf Green Beans WG Dinner Roll Peaches
23 Pancakes Hashbrown Potatoes Sausage Patties Baked Apples	24 Chicken and Noodles In Alfredo Sauce Lima Beans Pears	25 Chicken Cordon Blue Glazed Carrots Wild Rice Peaches	26 Beef Stew Carrots and Potatoes WG Dinner Rolls Fruit Cocktail	27 Chicken Tenders Macaroni & Cheese Mixed Vegetables Applesauce