



Daybreak Adult Day Services

Lunch Menu January 2026



Milk, Lemonade, Iced Tea, and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
			1 HAPPY NEW YEAR CENTER IS CLOSED	2 Baked Fish Stewed Tomatoes Macaroni and Cheese Pears
5 Swedish Meatballs Egg Noodles Green Beans Peaches Dinner Roll	6 Chicken Cordon Blue Glazed Carrots Wild Rice Peaches	7 BBQ Pork Sandwich On bun Glazed Carrots Pineapple tidbits	8 Pizzaburger with Ground Beef, Cheese and Tomato Sauce on Bun Green Beans Peaches	9 Roast Turkey with Gravy Bread Stuffing Peas Baked Pears
12 Pancakes Sausage Patties Hashbrown Potatoes Baked Apples	13 Chicken Salad on WW Bread Vegetable Soup Pineapple tidbits	14 Sloppy Joe on Bun Mixed Vegetables Tropical Fruit	15 Beef Stew with Peas, Carrots, & Potatoes Dinner Roll Apple Slices	16 Oven Baked Chicken Rice Pilaf Green Beans Peaches
19 Fish Sandwich on WW Bread Vegetable Soup Mandarin Oranges	20 Chicken and Noodles In Alfredo Sauce Broccoli Pears	21 Tuna Salad on WW Bread Tomato Soup Pineapple	22 Salisbury Steak with Gravy Carrots Mashed Potatoes Dinner Roll Pears	23 Chipped Beef on Biscuits Scrambled Egg Patty Hashbrown Potatoes Peaches
26 Chicken Tenders Macaroni & Cheese Mixed Vegetables Applesauce	27 Ham & Cheese on WW Bread Potato Soup Pineapple tidbits	28 Chicken Pot Pie Peas and Carrots Biscuit Peaches	29 Chicken Parmesan with Penne Pasta and Tomato Sauce Broccoli Fruit Cocktail	30 Baked Ham Sweet Potatoes Dinner Roll Apples