

Monday

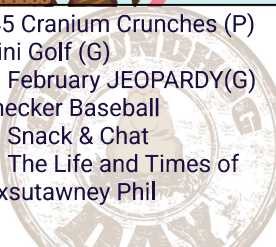

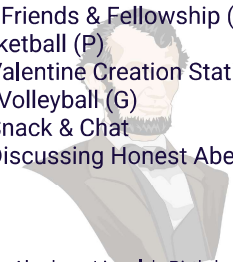
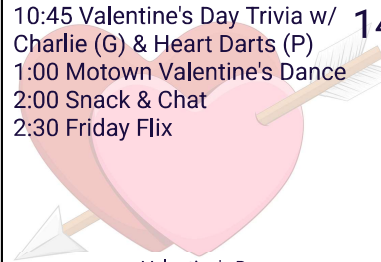

Tuesday

Wednesday

Thursday

Friday

February 2025

<p>10:45 Cranium Crunches (P) & Mini Golf (G) 3 1:00 February JEOPARDY(G) & Checker Baseball 2:00 Snack & Chat 2:30 The Life and Times of Punxsutawney Phil</p>  <p>Belated Groundhog Day</p>	<p>10:45 Bible Study (P) & Telephone! (G) 4 1:00 Culture Club - Ancient Rome (G) & Four Square Handball (P) 2:00 Snack & Chat 2:30 From Snail Mail to Email - A Brief History of Mailmen</p> <p>Thank Your Mailman Day</p>	<p>10:45 Friends & Fellowship (G) & Hailstorm! (G) 5 1:00 The Science Of: Meteorology (G) & Percussion Club (P) 2:00 Snack & Chat 2:30 Wild Weather On Display</p> <p>National Weatherperson's Day</p>	<p>10:45 Froggy Football (P) & Sports Science - Football 6 & Sports Science - Football 1:00 A Hard Earned Super Bowl Party! (G) & Football Painting (P) 2:00 Snack & Chat 2:30 NFL Playoff Highlights</p> 	<p>10:45 Horoscope Reading and Star Sign Coloring (P) 7 & Happy Belated Lunar New Year! (G) 1:00 Wild Wild World - The Moon (G) & Catch A Comet (P) 2:00 Snack & Chat 2:30 Friday Flix</p> 
<p>10:45 Dynamic Exercise w/ Nanette (G) 10 & Puddle Fishing (P) 1:00 Painted Hearts (P) The Science Of: Storm Chasing(G) 2:00 Snack & Chat 2:30 Family Feud</p> <p>Umbrella Day</p>	<p>10:45 Bible Study (P) & BINGO (G) 11 1:00 Celebrating Women In Science! (G) & Hot Potato (P) 2:00 Snack & Chat 2:30 Cool Science Experiments</p> <p>International Day of Women In Science</p>	<p>10:45 Friends & Fellowship (G) & Basketball (P) 12 & Basketball (P) 1:00 Valentine Creation Station (P) Chair Volleyball (G) 2:00 Snack & Chat 2:30 Discussing Honest Abe</p>  <p>Abraham Lincoln's Birthday</p>	<p>10:45 Bowling (G) & TriBond (P) 13 & TriBond (P) 1:00 Guess That Logo (G) & Dice-ercise! (P) 2:00 Snack & Chat 2:30 "Cheesy" Jokes</p> <p>National Cheddar Day</p>	<p>10:45 Valentine's Day Trivia w/ Charlie (G) & Heart Darts (P) 14 & Heart Darts (P) 1:00 Motown Valentine's Dance 2:00 Snack & Chat 2:30 Friday Flix</p>  <p>Valentine's Day</p>
<p>10:45 Presidential Trivia w/ Charlie (G) 17 & Participant Council (P) 1:00 Freeze Dance (G) & DC Trivia (P) 2:00 Snack & Chat 2:30 Story of the DC Cherry Blossoms</p>  <p>President's Day</p>	<p>10:45 Bible Study (P) & Horseshoes (G) 18 & Horseshoes (G) 1:00 Celebrating Black History Month (G) & Bean Bag Tic-Tac-Toe 2:00 Snack & Chat 2:30 Understanding Self Compassion</p>	<p>10:45 Friends & Fellowship (G) & Poker Chip Shuffleboard (P) 19 & Poker Chip Shuffleboard (P) 1:00 Midweek Good News Only (G) & Wall Ball (P) 2:00 Snack & Chat 2:30 This or That?</p>	<p>10:45 Potomac Playmakers (G) 20 & Stress Management (P) 1:00 Wags For Hope (G) & UNO (P) 2:00 Snack & Chat 2:30 Spring Training Preview - MLB</p>	<p>10:45 BINGO (G) & Ping Pong Pass (P) 21 & Ping Pong Pass (P) 1:00 AJ's Jazz Band (G) & Mad Libs! (P) 2:00 Snack & Chat 2:30 Friday Flix</p>
<p>10:45 Dynamic Exercise w/ Nanette (G) & Cornhole (P) 24 & Cornhole (P) 1:00 Culture Club - Spain (G) & Poker (P) 2:00 Snack & Chat 2:30 Diners, Drive-In's & Dives</p> <p>Tortilla Chip Day</p>	<p>10:45 Bible Study (P) & Card-Zingo! (G) 25 & Card-Zingo! (G) 1:00 Live Entertainment w/ Dale & Garrey (G) & Quiet Reflections (P) 2:00 Snack & Chat 2:30 Yahtzee Online!</p>	<p>10:45 Friends & Fellowship (G) & Velcro Ball Toss (P) 26 & Velcro Ball Toss (P) 1:00 Working Out to the Oldies! (G) & Interactive Mind Puzzles (P) 2:00 Snack & Chat 2:30 You Be The Judge!</p>	<p>10:45 Retro Workout - 80's Rock & Retro Gumball Machine Craft (P) 27 & Retro Gumball Machine Craft (P) 1:00 Retro JEOPARDY! (G) & Retro Word Searches 2:00 Snack & Chat 2:30 Time Capsule - Back to the 80's</p> <p>National Retro Day</p>	<p>10:45 NERF Target Practice (P) Jazzercise! (G) 28 & Jazzercise! (G) 1:00 The Science Of: Napping (G) & Teddy Bear Toss (P) 2:00 Snack & Chat 2:30 Friday Flix</p> <p>Public Sleeping Day</p>

PLEASE NOTE: Activities Subject To Change. Field Trips Discontinued Until Spring 2025. Thank you!