

Monday

Tuesday

Wednesday

Thursday

Friday



10:45 The World of Candy [G] & 4
Dominos [P]
11:15 Give a Candy, Take a Candy [P]
1:00 Live Chair Yoga w/ Erin D [G] & Candy Man Cans [P]
2:00 Snack & Chat
2:30 Silly Goose Behavior

National Candy Day

10:45 Bible Study [P] & Tee-Ball 5
Tuesday [G]
11:15 Participant Council [G]
1:00 Card-Zingo! [G]
& Tea Time Tuesday [P]
2:00 Snack & Chat
2:30 NFL Week 10 Pick 'EM

Election Day

10:45 Friends & Fellowship [G] 6
& Stress Management [P]
1:00 Dynamic Exercise w/ Nanette [G]
& Old Fashioned Hand Turkeys [P]
2:00 Snack & Chat
2:30 Jazz- A Swingin' History

Saxophone Day

10:45 BINGO [G] & Nails Galore! 7
[P]
1:00 Live Music- Amy Andrews [G]
& Chair Exercise [P]
2:00 Snack & Chat
2:30 SPINTOPIA!

10:45 Poker Club [P] & 8
Great Debate- Side Dishes [G]
1:00 Current Events [G] & Wacky Words [P]
2:00 Snack & Chat
2:30 Tongue Twisters
Frederick Airport Lunch Trip Leave @ 11:15

Tongue Twister Day

10:45 Veteran Appreciation 11
[P] & Kickball [G]
1:00 Origami Craft [M]
& Chair Tai Chi [G]
2:00 Snack & Chat
2:30 A Brief History of Japan

Origami Day
Veteran's Day

10:45 Bible Study [P] 12
& **Veteran's Day w/ Charlie [G]**
1:00 GO Team Pet Therapy
& Crosswords For Days [P]
2:00 Snack & Chat
2:30 NFL Week 11 Pick 'EM

10:45 Friends & Fellowship [G] 13
& Stress Management [P]
1:00 Take Two Live Entertainment [G]
& Ribbon Wreath Making [P]
2:00 Snack & Chat
2:30 Kindness Across The World

World Kindness Day

10:45 Singin' Along [P] 14
& "Pickle" Ball [G]
1:00 Uno Unchained [G]
& Making Refrigerator Pickles! [M]
2:00 Snack & Chat
2:30 Celebrate the Pickle!

Pickle Day

10:45 Button Craft [M] 15
& Would You Press It? [G]
& Colorful Expressions [P]
1:00 AJ's Jazz Band [G]
2:00 Snack & Chat
2:30 SPINTOPIA!
Civil War Medicine Museum Trip Leave @ 1030AM

National Button Day

10:45 Joy Bells Hand Choir [G] 8
& Mandala Coloring [P]
1:00 The House of Mouse - Celebrating Mickey & Minnie's Birthday!
& Ping Pong Pass [P]
2:00 Snack & Chat
2:30 TV Classics - Mickey Mouse

10:45 Bible Study [P] 19
& November Jeopardy! [G]
1:00 Solemn Remembrance w/ Charlie [G]
& Family Feud [M]
2:00 Snack & Chat
2:30 NFL Week 12 Pick 'EM

10:45 Friends & Fellowship [G] 20
& Culture Club - Weird Habits [P]
1:00 Mad Libs! [G]
& Nails Galore! [P] & Men's Group [M]
2:00 Snack & Chat
2:30 The World's Most Absurd

National Absurdity Day

10:45 Painting w/ Renee [P] 21
& TV Theme Songs w/ Charlie [G]
1:00 WAGS Pet Therapy [G]
& Feed The Frogs [M]
2:00 Snack & Chat
2:30 Would You Rather?

10:45 Bowling [G] & Jenga! [P] 22
1:00 Road Trip - Rt. 66 [G]
& Toss-Tac-Toe [P]
2:00 Snack & Chat
2:30 SPINTOPIA!

Go For A Ride Day

10:45 Tree of Thanks [P] 25
& Beach Volleyball [G]
1:00 Bingo [G] & Word Search Party [P]
2:00 Snack & Chat
2:30 Turkey Jeopardy!

Baltimore Coffee & Tea Trip Leave @ 10:45 AM

10:45 Bible Study [P] 26
Cupcake Decorating [G]
1:00 Live Entertainment w/ Dale [G]
& How to Draw "The Peanuts" [P]
2:00 Snack & Chat
2:30 NFL Week 13 Pick 'EM

National Cake Day

10:45 Friends & Fellowship [G] 27
& Stress Management [P]
1:00 Dynamic Exercise w/ Nanette [G]
& Gin Rummy & Blackjack [P]
2:00 Snack & Chat
2:30 The Daybreak Jukebox - Song Request Live

National Jukebox Day

CLOSED for Thanksgiving! Enjoy the Day Off! 28

Thanksgiving

10:45 Decoration Station [G] 29
& Workin' Off The Turkey [P]
1:00 Christmas Centerpieces [P]
& Snowball Fight! [G]
2:00 Snack & Chat
2:30 The Evolution of Black Friday

Please Note: Activities Subject To Change. Please See Field Trip Sign-Up For Additional Information On Outings. Thank You!