



Daybreak Adult Day Services

March Lunch Menu

2024



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
				1 Beef Cubes w/Gravy Noodles Peas Whole Grain Roll Baked Apples
4 Pizza Burger on Whole Grain Bun Green Beans Mandarin Oranges	5 Chicken Tenders French Fries Carrots Whole Grain Bread Applesauce	6 BBQ Pork on Whole Grain Bun Baked Beans Coleslaw Mandarin Oranges	7 Pot Roast & Gravy Potato & Carrots Whole Grain Roll Peaches	8 Baked Fish Macaroni & Cheese Stewed Tomatoes Corn Muffin Pineapples
11 Baked Chicken Bread Stuffing Gravy Green Beans Whole Grain Roll Fruit Cocktail	12 Pancakes Hashbrowns Sausage Patty Baked Apples	13 Turkey & Cheese on Whole Grain Sub Roll Lettuce/ Tomato Cucumber Salad Fruit Cocktail	14 Hamburger on Whole Grain w/ Lettuce/Tomato Macaroni Salad 3 Bean Salad Pears	15 Chicken Salad on Whole Grain Bun Cucumber Salad Chips Peaches
18 Ham & Cheese on Whole Grain Bread Pea Salad Pears	19 Goulash Garlic Bread Succotash Mandarin Oranges	20 Pepper Steak w/Noodles Peas & Onions Whole Grain Roll Pineapples	21 Grilled Cheese on Rye Bread Stewed Tomatoes Fruit Ambrosia	22 Chicken Filet on Whole Grain Bun Lettuce/Tomato Pennsylvania Blend Mixed Vegetables Pears
25 Potato Soup Egg Salad on Whole Grain Bread Broccoli Salad Oranges	26 French Toast Hashbrowns Sausage Patty Apples	27 Tuna Fish on Whole Grain Bread Lettuce/Tomatoes 3 Bean Salad Fruit Cocktail	28 Spaghetti & Meat Sauce Tossed Salad Garlic Bread Peaches	29 Chicken Alfredo Noodles Lima Beans Whole Grain Roll Pears