



Daybreak Adult Day Services

Lunch Menu

August 2023



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
	1 Chicken Cordon Bleu Rice Pilaf Carrots Pears	2 Chipped Beef over Biscuits Eggs Carrot Raisin Salad Peaches	3 Ham Steak w/Pineapple Sauce Sweet Potatoes Green Beans WG Bread Oranges	4 Sloppy Joe over Tater Tots w/cheese Coleslaw WG Bread Applesauce
7 Cowboy Burger Pot Roast, Cheese, BBQ, Onion Straws on WG Bun Green Beans Peaches	8 Fish Sandwich w/cheese on WG Bread Potato Salad Pineapple	9 Chefs Salad tomato, cucumber, egg, Swiss, turkey Pita Bread Oranges	10 Salisbury Steak Noodles Carrots Pears	11 Egg Salad Sandwich on WG Bread Vegetable Soup WG Saltines Fruit Cocktail
14 Chicken Salad Sandwich on WG Bread Carrot Raisin Salad Oranges	15 Pancakes Tater Tots Sausage Pears	16 Cobb Salad cheese, tomato, cucumber, egg, bacon, turkey Pita Bread Fruit Cocktail	17 Corned Beef Hash Eggs Tomato Salad Muffin Apples	18 Ham Salad Sandwich on WG Bread Potato Salad Peaches
21 Stuffed Peppers Wild Rice Carrots Applesauce	22 Chicken Parmesan Garlic Bread Parmesan Tater Tots 3 Bean Salad Apples	23 Greek Salad Chicken, romaine, tomato, cucumber, red onion, feta cheese Pita Bread Peaches	24 Tuna Salad Sandwich on WG Bread Bean Soup Saltines Pears	25 Sausage Gravy over Biscuits Eggs Coleslaw Fruit Cocktail
28 BBQ Chicken Rice Pilaf Green Beans Pears	29 Cheeseburger Potato Salad Tomato Salad Oranges	30 Hot Dog Baked Beans Macaroni Salad Fruit Cocktail	31 BBQ Pork Coleslaw Chips Peaches	