Monday	Tuesday	Wednesday	Thursday	Friday
August 2023	10:15 Welcome 10:30 Poker, Bible Study, or Exercise 11:00 Journal Group 11:15 August IQ with Singing Rounds 12:00 Lunch 1:00 All about the Moon (Trivia) 1:00 Table Top Games 2:00 Snack 2:30 70's Music	10:15 Welcome 10:30-Fab N' Fit 10:30-Red Hats Club 10:30 Exercise 11:15 Ice Cream Party Word Game 12:00 Lunch 1:00 Exercise with Nanette 2:00 Snack 2:30 60's Best Music	10:15 Welcome 10:30 Otago 10:30 Exercise (Paul Eugene) 11:15 Travel Club Visiting Gatlinburg Tennessee 12:00 Lunch 1:00 Special Guest Visit with Kris 1:00-Coloring Corner/ Card Games 2:00 Snacks 2:30 Dollys Performance	10:15 Welcome 10:30 Courtyard Activities 12:00 Lunch 1:00 Kick Ball 2:00 Snack 2:30 Sing A Long
7 10:15 Welcome 10:30 Chair Exercise (Zumba) 11:15 Ladies Spa Day 11:15 Basket Ball 12:00 Lunch 1:00 Let's Play Ball 2:00 Snack 2:30 Western Movie	10:15 Welcome 10:30 Poker, Bible Study, or Exercise 11:00 Journal Group 11:15 How Many Words from A to Z 12:00 Lunch 1:00 Tic Tac Toe 1:00 Crafter's Corner 2:00 Snack 2:30 Sing A Longs	10:30-Red Hats Club 10:30 Exercise 11:15 Book Lover's Day (Trivia) 12:00 Lunch 1:00 Exercise with Nanette 2:00 Snack 2:30 Golden Girls	10:15 Welcome 10:30 Otago 10:30 Exercise (Paul Eugene) 11:15 Travel Club Visiting Pigeon Forge Tennessee 12:00 Lunch 1:00 Music Trivia with Charlie 1:00-Coloring Corner/ Card Games 2:00 Snack 2:30 Hee Haw (TV Show Clip)	10:15 Welcome 10:30 Riddles and Jokes 11:00 Piano Music with Linda 12:00 Lunch 1:00 Dancing to the Mix of Music 2:00 Snack 2:30 Love Lucy
10:15 Welcome 10:30 Chair Exercise (Yoga) 11:15 Paul Bunyan Trivia 12:00 Lunch 12:00 Field Trip to Krispy Kreme 1:00 Let's Play Ball 1:00 Crafters Corner with Marlyn 2:00 Snack 2:30 Kenny Roger Songs (Sing a Long)	10:15 Welcome 10:30 Poker, Bible Study, or Exercise 11:00 Journal Group 11:15 Famous People with Purple Hearts 12:00 Lunch 1:00 Noodle Ball 1:00 Table Top Games 2:00 Snack 2:30 Susie Q	10:15 Welcome 10:30 Exercise 10:30-Fab N' Fit 10:30-Red Hats Club 11:15 Book Lovers, Word Game 12:00 Lunch 1:00 Parachute Fun 1:00- Arts N' Craft (Beach Canvas Painting Step by Step) 2:00 Snack 2:30 Jeopardy Game Show	10:15 Welcome 10:30 Otago 10:30 Exercise (Paul Eugene) 11:15 Travel Club Visiting Memphis Tennessee 12:00 Lunch 1:00 Ball Pong, Active Game 1:00- Coloring Corner/ Card Games 2:00 Snack 2:30 Memories, Grand Ole Opry Stars of the 50s	10:15 Welcome 10:30 Courtyard Activities 12:00 Lunch 1:00 Team Feud 2:00 Snack 2:30 Rock It with Elvis Music
10:15 Welcome 10:30 Chair Exercise (jazzercise) 11:15 Senior Citizen M & C/ Hello Dolly Day! 12:00 Lunch 1:00 Let's Play Ball 1:00 Wiser Now with Marilyn 2:00 Snack 2:30 Kid's Do the Darndest Things	10:15 Welcome 10:30 Jokes and Riddles 11:00 Dancing with Garrey and Dale 12:00 Lunch 1:00 Kick Ball 1:00 Crafter's Corner 2:00 Snack 2:30 Hee Haw (TV Clips)	10:15 Welcome 10:30 Exercise, Video 10:30-Fab N' Fit 10:30-Red Hats Club 11:15 Word Game with Marilyn 12:00 Lunch 1:00 Dancing Time 1:00-Arts N' Craft (Sunflower Farm Canvas Painting Step by Step) 2:00 Snack 2:30 Brady Bunch (TV Clips)	10:15 Welcome 10:30 A Morning with the the Kids from BMC 12:00 Lunch 1:00 Bingo with the Kids from BMC 2:00 Snack 2:30 The Comedy Barn	10:15 Welcome 10:30 Courtyard Activities 10:30 Word Search Games 12:00 Lunch 1:00 Karaoke and Dancing 2:00 Snack 2:30 Western Show
10:15 Welcome 10:30 Summer Songs from Summer Events with Charlie 10:30-Table Games 12:00 Lunch 1:00 Let's Play Ball 2:00 Snack 2:30 Tunes of the 50's	10:15 Welcome 10:30 Poker, Bible Study, or Exercise 11:00 Journal Group 11:15 Word Game with Marliyn 12:00 Lunch 1:00 Lets Bowl 1:00 Table Top Games 2:00 Snack 2:30 Family Feud Game Show	10:15 Welcome 10:30 Exercise, Video 10:30-Red Hats Club 11:00 Field Trip to Airport Airway Restaurant 11:15 Word Game with Marilyn 12:00 Lunch 1:00 Team Feud 1:00-Arts N' Craft (Flower Creation) 2:00 Snack 2:30 All in the Family (TV Clips)	10:15 Welcome 10:30 Otago 10:30 Exercise (Paul Eugene) 11:15 History on Tennessee 12:00 Lunch 1:00 Dog Visits 1:00 How Many Words Can you Make 1:00- Coloring Corner/ Card Games 2:00 Snack	