


Daybreak Adult Day Services

Lunch Menu

March 2023



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
		1 Chicken Taco Salad Tomato, Cheese, Sour Cream, Salsa Tortilla Chips Peaches	2 Ham & Cheese Quiche Macaroni Salad Carrots Pears	3 Pot Roast Mashed Potatoes & Gravy Brussel Sprouts Dinner Roll Strawberry Applesauce
6 BBQ Chicken Rice Pilaf Green Beans Fruit Cocktail	7 Baked Fish Macaroni & Cheese Stewed Tomatoes Pears	8 Cheeseburger on Bun Cucumber & Tomato Salad Chips Applesauce	9 Whole Grain Waffles Sausage Carrot Raisin Salad Apples	10 Ground Beef Stuffed Peppers Wild Rice Peas & Carrots Pears
13 Beef Stroganoff over Noodles Mixed Vegetables Peaches	14 Chicken Cordon Bleu Rice Pilaf Green Beans Pears	15 Cobb Salad w/turkey, tomato, cucumber, egg, bacon, cheddar cheese Pita Bread Oranges	16 BBQ Pork Sandwich Coleslaw Chips Peaches	17 Corned Beef Cabbage Boiled Potatoes Fruit Cocktail 
20 Chicken Salad Sandwich on Whole Grain Bread Vegetable Soup Saltines Peaches	21 Ham Steak w/Raisin Sauce Sweet Potatoes Baked Corn Dinner Roll Fruit Cocktail	22 Chefs Salad w/turkey, swiss cheese, cucumber, egg Pita Bread Pears	23 Pizza Burger Parmesan Tater Tots 3 Bean Salad Applesauce	24 Broccoli & Cheese Quiche Rice Pilaf Carrots Apples
27 Fish Sandwich w/ Cheese on Bun Succotash Macaroni Salad Strawberry Applesauce	28 Chicken Marsala Wild Rice Brussel Sprouts Peaches	29 Strawberry Salad w/ turkey, strawberries, walnuts, craisins, feta cheese Balsamic Vinagrette Pita Bread Pears	30 Chipped Beef over Biscuits Eggs Tomato Salad Apples	31 Hot Dog Baked Beans Sauerkraut Fruit Cocktail

“ This program is an equal opportunity provider”