



Daybreak Adult Day Services

Lunch Menu

January 2023



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
2 Cheeseburger Minestrone Soup Potato Salad Fruit	3 Ham Salad Sandwich Potato Soup Mixed Vegetables Fruit	4 Chicken Taco Salad w/ Cheese, Tomatoes, Sour Cream & Salsa Tortilla Chips Fruit	5 Beef Cubes w/Gravy over Noodles Green Beans Pears	6 Turkey Gobbler Sandwich w/Stuffing & Cranberry Sauce Glazed Carrots Apples
9 Beef Stew over Noodles Succotash Fruit Cocktail	10 Orange Chicken Rice Mixed Vegetables Pears	11 Egg Salad Sandwich Potato Soup Coleslaw Pineapple	12 BBQ Pork Sandwich Coleslaw Pretzels Peaches	13 Chicken Alfredo Noodles Green Beans Strawberry Applesauce
16 Open Faced Turkey Sandwich Mashed Potatoes & Gravy Carrots Pears	17 Swedish Meatballs Rice Green Beans Peaches	19 Cheesy Beef Macaroni Casserole Succotash Pineapple	18 Taco Salad w/Chicken, Tomatoes, Sour Cream, Cheese & Salsa Tostilla Chips Oranges	20 Chicken & Waffles Mixed Vegetables Fruit Cocktail
23 Cheeseburger Potato Salad Mixed Vegetables Pineapple	24 Hot Dog Baked Beans Carrotsd Pears	25 Tuna Salad Sandwich Minestrone Chips Peaches	26 BBQ Chicken Rice Green Beans Fruit Cocktail	27 Chili Corn Muffins Coleslaw Oranges
30 Chicken Salad Sandwich Corn Chowder Chips Peaches	31 Beef Cubes w/Gravy over Noodles Carrots Pears			

“ This program is an equal opportunity provider”