



# Daybreak Adult Day Services

Lunch Menu  
November 2022



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
	1 Turkey Gobbler Sandwich (turkey, stuffing & cranberry sauce) Green Bean Casserole Peaches	2 Salisbury Steak Mashed Potatoes w/Gravy Glazed Carrots Dinner Roll Pears	3 Baked Fish Macaroni & Cheese Stewed Tomatoes Apples	4 Chicken Parmesan Pasta Broccoli Garlic Bread Fruit Cocktail
7 Ham Steak w/Raisin Sauce Sweet Potatoes Baked Corn Blueberries	8 Mushroom Swiss Burger Coleslaw Tater Tots Pears	9 Chicken Salad on Whole Grain Bread w/Lettuce & Tomato Pasta Salad Peaches	10 Pot Roast Boiled Potatoes w/Gravy Green Beans Dinner Roll Oranges	11 Ham & Cheese Quiche Rice Green Beans Apples
14 Chipped Beef over Biscuits Carrot Raisin Salad Fruit Cocktail	15 BBQ Chicken Rice Pilaf Mixed Vegetables Pineapple	16 Swedish Meatballs Noodles Carrots Pears	17 Open Faced Turkey Sandwich with Gravy Mashed Potatoes Green Bean Casserole Baked Apples	18 Beef Stew over Noodles Succotash Peaches
21 Chicken Cordon Bleu Wild Rice Carrots Pears	22 Fish Sandwich w/Cheese Macaroni Salad Chips Blueberries	23 Cheesy Beef & Macaroni Casserole Green Beans Apples	24 Thanksgiving Holiday  CENTER IS CLOSED	25 Hot Dogs Sauerkraut Baked Beans Apples
28 Chicken & Waffles Hashbrowns Mixed Vegetables Peaches	29 Sloppy Joe on top of Tator Tots w/Cheese Green Beans Strawberry Applesauce	30 Ham Steak w/Pineapple Sauce Sweet Potatoes Peas Pears		

“ This program is an equal opportunity provider”