

Monday

Tuesday

Wednesday

Thursday

Friday

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10:15 Welcome 10:30 Exercise 11:15 December Word Game 12:00 Lunch 1:00 Crafters Corner 1:00 Volley Ball 2:00 Snack 2:30 Sing with Christmas Tunes	5	10:15 Welcome 10:30 Exercise 10:30 Bible Study 10:30 Poker 11:15 Word Scramble 12:00 Lunch 1:00 Singing & Dancing with Garrey and Dale 2:00 Snack	6	10:15 Welcome 10:30 Discuss with Margarita 10:30 Exercise and Stretches 11:15 Guess Letters 12:00 Lunch 1:00 Exercise with Nanette 1:00 Men's Group with Charlie 2:00 Snack 2:30 Kids do the Funniest Things	7	10:15 Welcome 10:30 Balance Group (Otago) 10:30 On-Line Dance 11:15 Word Search 12:00 Lunch 1:00 Basket Ball 2:00 Snack 2:30 Christmas Songs	8	10:15 Welcome 10:30 Participant Council 11:00 Exercise 12:00 Lunch 1:00 Horse Shoes 2:00 Snack 2:30 60's Songs	9
10:15 Welcome 10:30 Exercise 11:15 December Word Puzzle 12:00 Lunch 1:00 Holiday Jeopardy 2:00 Snack 2:30 Dolly's Christmas Songs	12	10:15 Welcome 10:30 Christmas Song Trivia 10:30 Bible Study 12:00 Lunch 1:00 Volley Ball 1:00 Crafters Corner 2:00 Snack 2:30 Sing A Long Holiday Tunes	13	10:15 Welcome 10:30 Discuss with Margarita 10:30 Exercise and Stretches 11:15 Q & A Game 12:00 Lunch 1:00 Exercise with Nanette 1:00 Men's Group with Charlie 2:00 Snack 2:30 Sing A Long with Folk Music	14	10:15 Welcome 10:30 Balance Group (Otago) 10:30 Exercise with Marilyn 11:15 Jingle All the Way (Group Game) 12:00 Lunch 1:00 Corn Hole 2:00 Snack 2:30 50's & 60's Country	15	10:15 Welcome 10:30 Presentation with Charlie 12:00 Lunch 1:00 Visit from Santa & His Elf 2:00 Snack 2:30 Sing Christmas Carols Wear your Christmas Cheer!	16
10:15 Welcome 10:30 Exercise 11:15 Reminisce Holiday Songs 12:00 Lunch 1:00 Craft 1:00 Foot Ball Toss 2:00 Snack 2:30 Folk Christmas Songs	19	10:15 Welcome 10:30 Exercise 10:30 Bible Study 10:30 Poker 11:15 East or West 12:00 Lunch 1:00 Volley Ball 1:00 Holiday Crafts 2:00 Snack	20	10:15 Welcome 10:30 Christmas Photo Tour with Charlie 10:30 Discuss with Margarita 12:00 Lunch 1:00 Exercise with Nanette 1:00 Men's Group with Charlie 2:00 Snack 2:30 Christmas Country Music	21	10:15 Welcome 10:30 Balance Group (Otago) 10:30 Exercise with Marilyn 11:15 Game of Words 12:00 Lunch 1:00 Corn Hole 2:00 Snack 2:30 Elvis Christmas Music	22	10:15 Welcome 10:30 Exercise 11:15 Reminisce Christmas Stories 12:00 Lunch 1:00 Noodle Ball 2:00 Snack 2:30 Christmas Movie	23
Center is Closed Merry Christmas	26	10:15 Welcome 10:30 Exercise 10:30 Bible Study 10:30 Poker 11:15 Guess the Missing Letter 12:00 Lunch 1:00 Dee Buchanan Dancers 2:00 Snack 2:30 50's Music	27	10:15 Welcome 10:30 Discuss with Margarita 10:30 Exercise and Stretches 11:15 Worst Case Scenario Game 12:00 Lunch 1:00 Exercise with Nanette 1:00 Men's Group with Charlie 2:00 Snack 2:30 Songs of the 70's	28	10:15 Welcome 10:30 Balance Group (Otago) 10:30 Exercise with Marilyn 11:15 Story Cards 12:00 Lunch 1:00 Ring Toss 2:00 Snack 2:30 60's Music	29	10:15 Welcome 10:30 Exercise 11:15 This or That Word Game 12:00 Lunch 1:00 Volley Ball 2:00 Snack 2:30 Sing A Long	30

Activities Subject to Change