



Daybreak Adult Day Services

Lunch Menu

August 2022



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
1 BBQ Pork on Whole Grain Roll Coleslaw Mixed Fruit	2 Pancakes Hash Browns Sausage Patty Strawberries	3 Tuna Salad on Whole Grain Bread Carrot Raisin Salad Chips Watermelon	4 Pizza Burger on Whole Grain Roll Green Beans Pasta Salad Pears	5 Chicken Tenders Broccoli Rice Whole Grain Roll Orange Slices
8 Egg Salad on Whole Grain Bread Broccoli Salad Mandarin Oranges	9 Baked Fish Parslied Potatoes Penn. Blend Vegetables Whole Grain Roll Mandarin Oranges	10 Chef Salad with Turkey And Cheese Whole Grain Roll Melon Cubes	11 Ham Steak Macaroni and Cheese Peas Whole Grain Roll Blueberries	12 Chicken Alfredo Noodles Carrots Whole Grain Roll Applesauce
15 Fish Square w/cheese on Whole Grain Roll Vegetable Soup Pears	16 BBQ Chicken Whole Grain Rice Pilaf Calif. Blend Vegetables Whole Grain Roll Pineapple	17 Swedish Meatballs Egg Noodles Broccoli Whole Grain Roll Watermelon	18 Turkey/Cheese on Whole Grain Bread Potato Salad Applesauce	19 Cheeseburger on Whole Grain Roll Lettuce & Tomato Coleslaw Pears
22 Meatball Sub on Whole Grain Roll Green Beans Fruit Cocktail	23 Hot Ham and Cheese on Whole Grain Sub Calif. Blend Vegetables Peaches	24 Chicken Salad on Mixed Greens Whole Grain Roll Stawberries	25 Tuna Melt on Whole Grain Bread Carrots Pears	26 Hot Dog on Whole Grain Roll Potato Salad Watermelon
29 Tuna Noodle Casserole Peas Whole Grain Roll Pineapple	30 Beef Cubes w/Gravy Noodles Carrots Whole Grain Roll Orange Slices	31 Ham Salad on Whole Grain Bread Pea Salad Banana		