



Daybreak Adult Day Services

Lunch Menu

July 2022



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
				1 BBQ Pork on Whole Grain Roll Coleslaw Mixed Fruit
INDEPENDENCE DAY!! CENTER IS CLOSED	5 Chicken Alfredo Noodles Carrots Whole Grain Roll Peaches	6 Ham Salad on Whole Grain Bread Pea Salad Banana	7 Spaghetti w/Meatballs Tossed Salad Garlic Bread Peaches	8 Turkey and Cheese on Whole Grain Bread Cucumber Salad Pineapple
11 Hot Ham and Cheese on Whole Grain Sub Calif. Blend Vegetables Fruit Salad	12 Cheeseburger on Whole Grain Roll Lettuce & Tomato Coleslaw Pears	13 Chicken Filet on Whole Grain Roll Lettuce/Tomato Mixed Vegetables Jello	14 Tuna Salad on Whole Grain Bread Carrot Raisin Salad Chips Watermelon	15 Pancakes Hash Browns Sausage Patty Strawberries
18 Baked Fish Peas Pasta Salad Whole Grain Roll Melon Cubes	19 Beef Cubes w/Gravy Noodles Carrots Whole Grain Roll Fruit Cocktail	20 Chicken Tenders Broccoli Rice Whole Grain Roll Orange Slices	21 Turkey/Cheese on Whole Grain Bread Potato Salad Applesauce	22 Chicken Salad Tossed Salad Macaroni Salad Saltines Melon Cubes
25 Meatball Sub on Whole Grain Roll Green Beans Fruit Cocktail	26 Egg Salad on Whole Grain Bread Broccoli Salad Mandarin Oranges	27 Baked Fish Parslied Potatoes Penn. Blend Vegetables Whole Grain Roll Jello	28 Chicken Strips Pasta Salad Zucchini Whole Grain Roll Fruit Cocktail	29 Hot Dog on Whole Grain Roll Potato Salad Watermelon

“ This program is an equal opportunity provider”