



Daybreak Adult Day Services

Lunch Menu

May 2022



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
2 Egg Salad on Whole Grain Bread Potato Soup Broccoli Salad Jello	3 Spaghetti w/Meat Sauce Tossed Salad w/dressing Garlic Bread Peaches	4 Chicken Salad on Whole Grain Bread Cucumber Salad Potato Chips Strawberries	5 Chili Succotash Corn Bread Muffins Mandarin Oranges	6 Hamburger on Whole Grain Roll Lettuce/Tomato Carrot/Raisin Salad Banana
9 Baked Fish Macaroni & Cheese Stewed Tomatoes Corn Muffin Pineapple	10 Ham Salad on Whole Grain Bread Potato Salad Fruit cocktail	11 Tuna Salad on Whole Grain Bread Lettuce/Tomatoes 3 Bean Salad Fruit Cocktail	12 Roast Beef w/Gravy Carrots & Potatoes Whole Grain Roll Jello	13 Waffles Hash Browns Sausage Patty Strawberries
16 Ham and Cheese on Whole Grain Bread Pea Salad Pears	17 Chicken Alfredo Noodles Lima Beans Whole Grain Roll Pineapple	18 Baked Chicken w/Gravy Green Beans Bread Stuffing Whole Grain Roll Peaches	19 Beef Cubes w/Gravy Noodles Peas & Onions Whole Grain Roll Pineapple	20 BBQ Pork on Whole Grain Roll Baked Beans Coleslaw Mandarin Oranges
23 Pizza Burger on Whole Grain Roll Green Beans Orange Sections	24 Fish Square w/cheese on Whole Grain Roll Vegetable Soup Mixed Fruit	25 Chicken Filet on Whole Grain Roll Lettuce/Tomato Mixed Vegetables Pears	26 Pancakes Hash Browns Sausage Patty Baked Apples	27 Hot Dog on Whole Grain Roll Potato Salad Pea Salad Jello
30 MEMORIAL DAY CENTER CLOSED	31 Grilled Cheese on Rye Bread Stewed Tomatoes Fruit Ambrosia			