



Daybreak Adult Day Services

Lunch Menu
November 2021



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
1 Grilled Cheese on Whole Grain Bread Tomato Soup Baked Apples	2 Salisbury Steak w/Gravy Mashed Potatoes Green Beans Whole Grain Roll Jello	3 BBQ Chicken Whole Grain Rice Pilaf Cauliflower w/Cheese Corn Bread Peaches	4 Meatloaf w/Gravy Mashed Potatoes Peas & Onions Whole Grain Roll Jello	5 Turkey & Cheese on Whole Grain Bread w/lettuce & tomato Chicken Noodle Soup Penn. Blend Vegetables Banana
8 Pancakes Hash Browns Sausage Patty Fruit Cocktail	9 Roast Beef w/Gravy Green Bean Casserole Whole Grain Roll Orange Sections	10 Turkey Chili Succatash Corn Muffin Ambrosia	11 Beef Noodle Casserole Pasta Green Beans Garlic Bread Baked Apples	12 Baked Fish Calif. Blend Vegetables Rice Whole Grain Roll Mandarin Oranges
15 Chicken w/Alfredo Sauce Whole Grain Pasta Broccoli Whole Grain Bread Peaches	16 Fish Filet on Whole Grain Bun Vegetable Soup Chips Fruit Cocktail	17 Beef Stew w/Potatoes & Carrots Whole Grain Roll Pineapple	18 Turkey w/Gravy Bread Stuffing Mashed Potatoes Green Beans Applesauce Whole Grain Roll	19 Chicken Parmesan w/ Sauce Tossed Salad Garlic Bread Pears
22 Cream Chip Beef on Whole Grain Toast Peas & Carrots Pineapple	23 Ham Steak Scalloped Potatoes Carrots Corn Bread Ambrosia	24 Chicken Pot Pie w/ Mixed Vegetables Biscuit Peaches	25 HAPPY THANKSGIVING CENTER IS CLOSED	26 CENTER IS CLOSED
29 Beef Chili Succatash Corn Muffin Ambrosia	30 Chicken Tenders Broccoli Sweet Potatoes Whole Grain Roll Mandarin Oranges			