

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:15 Morning Welcome 10:30 Monday Moves Exercise 11:00 Brain Busters 1:00 Sunshine Club 1:00 Where in The World? 2:30 Afternoon Concert or Table Games	2 10:15 Morning Welcome 10:30 Stretch and Move 11:00 Word Challenge 1:00 Giant Crossword Puzzle 2:30 Afternoon Concert or Table Games	3 10:15 Morning Welcome 10:30 Move and Groove 11:00 Use Your Noodle 1:00 Family Feud 2:30 Afternoon Concert or Table Games	4 10:15 Morning Welcome 10:30 Rise and Shine 11:00 Test Your Knowledge 1:00 Crafters Corner 1:00 Armchair Travelers: San Antonio 2:30 Afternoon Concert or Table	5 10:15 Morning Welcome 10:30 Fitter Sitters 11:00 Catch Phrase 1:00 Bingo 2:30 Afternoon Concert or Table Games
8 10:15 Morning Welcome 10:30 Stretch and Move 11:00 Finish the Phrase 11:00 Jewelers Club I 1:00 Jewelers Club II 1:00 Trivia Treasures 2:30 Afternoon Concert or Table Games	9 10:15 Morning Welcome 10:30 Move and Groove 11:00 Jeopardy 1:00 Thanksgiving Blessings 2:30 Afternoon Concert or Table Games	10 10:15 Morning Welcome 10:30 Rise and Shine 11:00 Brain Busters 1:00 Painters Palette 1:00 Reflections 2:30 Afternoon Concert or Table Games	11 10:15 Morning Welcome 10:30 Fitter Sitters 11:00 Trivia Challenge 1:00 Bingo 2:30 Afternoon Concert or Table Games	12 10:15 Morning Welcome 10:30 Sittercise 11:00 Test Your Knowledge 1:00 Dance Party 2:30 Afternoon Concert or Table Games
15 10:15 Morning Welcome 10:30 Move and Groove 11:00 Use Your Noodle 1:00 Arm Chair Travelers: Charleston 2:30 Afternoon Concert or Table Games	16 10:15 Morning Welcome 10:30 Rise and Shine 11:00 Trivia Challenge 1:00 Giant Crossword Puzzle 2:30 Afternoon Concert or Table Games	17 10:15 Morning Welcome 10:30 Fitter Sitters 11:00 Word Challenge 1:00 Lucky Rollers 2:30 Afternoon Concert or Table Games	18 10:15 Morning Welcome 10:30 Sittercise 11:00 Brain Teasers 11:00 Jewelers Club I 1:00 You Be the Judge 1:00 Jewelers Club II 2:30 Afternoon Concert or Table	19 10:15 Morning Welcome 10:30 Stretch and Move 11:00 Brain Busters 1:00 Crafters Corner 1:00 Turkey Shoot 2:30 Afternoon Concert or Table Games
22 10:15 Morning Welcome 10:30 Rise and Shine 11:00 Turkey Talk 1:00 Crafters Corner 1:00 Thanksgiving Jeopardy 2:30 Afternoon Concert or Table Games	23 10:15 Morning Welcome 10:30 Fitter Sitters 11:00 Test Your Knowledge 1:00 Turkey Bingo 2:30 Afternoon Concert or Table Games	24 10:15 Morning Welcome 10:30 Sittercise 11:00 Thanksgiving Trivia 1:00 Turkey Trot 2:30 Afternoon Concert or Table Games	25 Happy Thanksgiving Center is Closed	26 Center is Closed
29 10:15 Morning Welcome 10:30 Fitter Sitters 11:00 Brain Busters 1:00 Bingo 2:30 Afternoon Concert or Table Games	30 10:15 Morning Welcome 10:30 Sittercise 11:00 Use Your Noodle 1:00 Catch Phrase 2:30 Afternoon Concert or Table Games	 <h1 style="margin: 0;">November 2021</h1>		

Activities are subject to change