



# Daybreak Adult Day Services

Lunch Menu

August 2021



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
2 Meatball Sub on Whole Grain Roll Green Beans Fruit Cocktail	3 Egg Salad on Whole Grain Bread Broccoli Salad Mandarin Oranges	4 BBQ Beef on Whole Grain Roll Coleslaw Pineapple	5 Baked Fish Peas Pasta Salad Whole Grain Roll Melon Cubes	6 Hot Dog on Whole Grain Roll Potato Salad Watermelon
9 Chicken Strips Pasta Salad Zucchini Whole Grain Roll Fruit Cocktail	10 Pancakes Hash Browns Sausage Patty Strawberries	11 Tuna Salad on Whole Grain Bread Carrot Raisin Salad Chips Watermelon	12 Hamburger on Whole Grain Roll Cucumber Salad Pears	13 Chicken Filet on Whole Grain Roll Lettuce & Tomato Mixed Vegetables Jello
16 Beef Cubes w/Gravy Noodles Carrots Whole Grain Roll Fruit Cocktail	17 Fish Square w/cheese on Whole Grain Roll Vegetable Soup Melon Cubes	18 Pancakes Hash Browns Sausage Patty Strawberries	19 Chicken Alfredo Noodles Carrots Whole Grain Roll Peaches	20 Cheeseburger on Whole Grain Roll Lettuce & Tomato Coleslaw Pears
23 BBQ Chicken Whole Grain Rice Pilaf Calif. Blend Vegetables Whole Grain Roll Pineapple	24 Ham Salad on Whole Grain Bread Pea Salad Banana	25 Chicken Tenders Broccoli Rice Whole Grain Roll Orange Slices	26 Turkey/Cheese on Whole Grain Bread Potato Salad Applesauce	27 Baked Fish Parslied Potatoes Penn. Blend Vegetables Whole Grain Roll Jello
28 Spaghetti w/Meatballs Tossed Salad Garlic Bread Pears	29 Chicken Salad Tossed Salad Macaroni Salad Saltines Melon Cubes			

“ This program is an equal opportunity provider”