



# Daybreak Adult Day Services

## Lunch Menu

June 2021



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
	1 Tuna Salad on Whole Grain Bread Carrot Raisin Salad Chips Watermelon	2 Beef Cubes w/Gravy Noodles Carrots Whole Grain Roll Fruit Cocktail	3 Ham Salad on Whole Grain Bread Pea Salad Banana	4 BBQ Chicken Whole Grain Rice Pilaf Calif. Blend Vegetables Whole Grain Roll Pineapple
7 Spaghetti w/Meatballs Tossed Salad Garlic Bread Peaches	8 Hot Dog on Whole Grain Roll Potato Salad Watermelon	9 Pancakes Hash Browns Sausage Patty Strawberries	10 Chicken Salad Tossed Salad Macaroni Salad Saltines Melon Cubes	11 Hamburger on Whole Grain Roll Cucumber Salad Pears
14 Chicken Alfredo Noodles Carrots Whole Grain Roll Peaches	15 Baked Fish Parslied Potatoes Penn. Blend Vegetables Whole Grain Roll Jello	16 Cheeseburger on Whole Grain Roll Lettuce & Tomato Coleslaw Pears	17 Egg Salad on Whole Grain Bread Broccoli Salad Mandarin Oranges	18 BBQ Pork on Whole Grain Roll Coleslaw Mixed Fruit
21 Meatball Sub on Whole Grain Roll Green Beans Fruit Cocktail	22 Chicken Strips Pasta Salad Zucchini Whole Grain Roll Fruit Cocktail	23 Hot Ham and Cheese on Whole Grain Sub Calif. Blend Vegetables Fruit Salad	24 Chicken Filet on Whole Grain Roll Lettuce/Tomato Mixed Vegetables Jello	25 Fish Square w/cheese on Whole Grain Roll Vegetable Soup Melon Cubes
28 Chicken Tenders Broccoli Rice Whole Grain Roll Orange Slices	29 Beef BBQ on Whole Grain Roll Coleslaw Pineapple	30 Baked Fish Pasta Peas Whole Grain Roll Melon Cubes		