



Daybreak Adult Day Services

Lunch Menu
March 2020



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
2 Pancakes w/Syrup Sausage Patty Hash Browns Baked Apples	3 Beef Chili Cole Slaw Corn Muffins Mandarin Oranges	4 Chicken Pot Pie Carrots & Peas Biscuits Banana	5 Salisbury Steak w/Gravy Mashed Potatoes Green Beans Whole Grain Roll Fruit Ambrosia	6 Fish Square on Whole Grain Bun Vegetable Soup Fruit Cocktail
9 Spaghetti w/Meat Sauce Tossed Salad Garlic Bread Pears	10 Chicken Filet on Whole Grain Bun Minestrone Soup Broccoli Pears	11 Creamed Chip Beef over Whole Grain Bread Mixed Vegetables Baked Apples	12 Beef Noodle Casserole w/ beef cubes & pasta Peas Whole Grain Roll Mixed Fruit	13 Roast Beef w/Gravy Mashed Potatoes Green Beans Whole Grain Roll Applesauce
16 Beef Smokes w/Hot Dog Roll Coleslaw Sweet Potato Fries Diced Onions Applesauce	17 Honey BBQ Chicken Macaroni & Cheese Green Beans Whole Wheat Bread Diced Pears	18 Meatballs Spaghetti w/Sauce Tossed Salad Garlic Bread Diced Peaches	19 Turkey Pastrami Swiss Cheese Mashed Potatoes Hamburger Roll Cin Applesauce	20 Roast Beef Noodles w/Beef Gravy Peas & Carrots Dinner Roll Pineapple
23 Stir Fried Beef Rice Pilaf Broccoli Whole Wheat Bread Applesauce	24 Sloppy Joe Mashed Potatoes Peas Cornbread Diced Pears	25 Oven Fried Chicken Gravy Mixed Veggies Whole Wheat Bread Diced Peaches	26 Warm Turkey & Cheese Potato Soup Tossed Salad Hamburger Roll Cin Applesauce	27 BBQ Pulled Pork Sweet Potatoes Couscous w/Chicken Stock Hamburger Roll Pineapple
30 Honey Lemon Chicken Rice Pilaf Broccoli Whole Wheat Bread Applesauce	31 Meat Sauce Spaghetti Sauce Noodles Peas Garlic Bread Diced Pears			