

Monday

Tuesday

Wednesday

Thursday

Friday



1
New Year's Day


Center Closed

2
10:00 Participants' Council with Christina
10:30 Karaoke & Dancing
11:30 Morning Stretch
1:00 Giant Crossword Puzzles
1:00 Rummy & Dominoes
1:00 Hymn Sing with Peggy and Betty

3
10:00 Music w/ Pete & Betty
10:00 Cards & Dominoes
10:30 Winter Watercolors
11:00 Brain Games
11:30 Morning Exercise
1:00 BINGO
1:00 Friday Flick

6
10:00 Daily Chronicle
10:30 Brain Games
11:00 Physical Games
11:30 Morning Exercise
1:00 Pokeno
1:00 Massage and manicures
1:00 Musical Monday

7
10:00 Prayer Group
10:00 Make a word
11:00 Hoops & Baskets
11:30 Morning exercise
1:00 Autobiography: George Gershwin
1:00 Art Made Simple

8
10:00 Daily Chronicle
10:30 Bead-dazzled w/Anita
11:30 Morning Exercise
1:00 Music w/ Cindy

1:00 Cards & puzzles
1:00 Watercolor Wednesday

9
10:00 Spelling B's
10:30 Brain Games
11:00 Physical Games
11:30 Moring Exercise
12- Indoor picnic lunch (\$7 & sign up required)
1:00 Giant Crossword Puzzles
1:00 You be the Judge

10
10:00 Charades
10:30 Trivia Treasures
11:00 Karaoke
11:45 Morning Stretch
1:00 Scrabble
1:00 Broadway Review With Heather
1:00 Friday Flick

13
10:00 Daily Chronicle
10:30 Parachute Game
10:30 Autobiography: Alexander Gram Bell
11:30 Morning Exercise
1:00 Drums w/ Bob & Friends
1:00 Art Made Simple w/Tavia
1:00 Musical Monday

14
10:00 Prayer Group
10:00 Name That Tune
11:00 Group Exercise
11:30 Trivia
1:00 Church Service with Reverend Armstrong
1:00 Men's Group w/ Frank
1:00 Travel Series: Hawaii

15
10:00 Daily Chronicle
10:00 Cards & games
10:30 Arts-n-crafts w/Anita
11:30 Morning Exercise
1:00 Antique Road show & discussion
1:00 Watercolor Wednesday

16
10:00 Spelling B's
10:30 Trivia Treasure
11:00 Physical games
11:30 Moring Exercise
1:00 Giant Crossword Puzzles
1:00 Massages and Manicure
1:00 Busy Bee's

17
10:00 Karaoke & Dancing
10:00 Cards & Games
10:00 Short Stories
11:30 Group Exercise
1:00 BINGO


20
10:15 Bridge Club
10:15 Gospel music w/Jeanne
11:00 Physical Games
11:30 Morning Exercise
1:00 Autobiography: Martin Luther King
1:00 Musical Monday

21
10:00 Prayer group
10:30 Ballroom Dancing class w/ Garrey
11:30 Brain Exercises
1:00 Church Service with Pastor Hubble
1:00 Men's Group w/ Frank
1:00 Travel Series: Bermuda

22
10:00 Daily Chronicle
10:00 Cards & Games
10:30 Bead-dazzled w/Anita
11:30 Morning Exercise
1:00 Fact or fiction
1:00 Watercolor Wednesday

23
10:00 Spelling B's
10:30 Trivia treasures
11:00 Physical games
11:30 Moring Exercise
12- Indoor Chinese luncheon (\$10 & sign up required)
1:00 Giant Crossword Puzzles
1:00 Busy Bee's

24
10:00 Karaoke & Dancing
10:00 Cards & games
10:30 Massage & manicures
11:00 Trivia Treasures
11:30 Group Exercise
1:00 BINGO
1:00 Friday Flick

27
10:00 Make a word
10:30 Delaplaine Art class (\$8 for class & sign up required)
10:30 Autobiography: Wolfgang Amadeus Mozart
11:30 Morning Exercise
1:00 BINGO
1:00 Musical Monday

28
10:00 Prayer Group
10:00 Pictionary/Charades
11:00 Group Exercise
11:30 Word Puzzles
1:00 Men's Group w/ Frank
1:00 Travel Series: California
1:00 Jeopardy

29
10:00 Daily Chronicle
10:00 Cards & games
10:30 Arts-n-Crafts with Anita
11:30 Morning Exercise
12- Indoor luncheon Pizza (\$5 & sign up required)
1:00 Watercolor Wednesday
1:00 Short stories

30
10:00 Spelling B's
10:30 Trivia Treasures
11:00 Physical Games
11:30 Moring Exercise
1:00 Activity Potpourri
1:00 Comedy Club with Heather

31
Coke-a-Cola Day
10:00 History of coke
10:30 Did you know?
11:00 Soda Bottle Ring Toss
11:30 AM Exercise
1:00 Taste test
2pm **Special snack: Coke-a-Cola and chips**