



Daybreak Adult Day Services

Lunch Menu

May 2019



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
		1 Chicken Salad on Whole Grain Bread Cucumber Salad Potato Chips Strawberries	2 Baked Chicken w/Gravy Green Beans Bread Stuffing Whole Grain Roll Peaches	3 Hamburger on Whole Grain Roll Steak Fries Cole Slaw Jello w/fruit
6 Baked Fish Macaroni & Cheese Stewed Tomatoes Corn Muffin Pineapple	7 Hot Dog on Whole Grain Roll Potato Salad Pea Salad Jello	8 Tuna Salad on Whole Grain Bread Lettuce/Tomatoes 3 Bean Salad Fruit Cocktail	9 Roast Beef w/Gravy Carrots & Potatoes Whole Grain Roll Jello	10 Waffles Hash Browns Sausage Patty Strawberries
13 Ham and Cheese on Whole Grain Bread Pea Salad Pears	14 Chicken Alfredo Noodles Lima Beans Whole Grain Roll Pineapple	15 White Chicken Chili Succotash Corn Bread Muffins Mandarin Oranges	16 Hamburger on Whole Grain Roll Lettuce/Tomato Carrot/Raisin Salad Banana	17 BBQ Pork on Whole Grain Roll Baked Beans Coleslaw Mandarin Oranges
20 Pizza Burger on Whole Grain Roll Green Beans Orange Sections	21 Fish Square w/cheese on Whole Grain Roll Vegetable Soup Mixed Fruit	22 Chicken Filet on Whole Grain Roll Lettuce/Tomato Mixed Vegetables Pears	23 Grilled Cheese on Rye Bread Stewed Tomatoes Fruit Ambrosia	24 Beef Cubes w/Gravy Noodles Peas & Onions Whole Grain Roll Pineapple
27 BBQ Chicken Brown Rice Pilaf Cauliflower w/cheese Whole Grain Roll Peaches	28 Pancakes Hash Browns Sausage Patty Baked Apples	29 Egg Salad on Whole Grain Bread Potato Soup Broccoli Salad Jello	30 Spaghetti w/Meat Sauce Tossed Salad w/dressing Garlic Bread Peaches	31 Ham Salad on Whole Grain Bread Potato Salad Fruit cocktail