



Daybreak Adult Day Services

Lunch Menu

April 2019



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
1 Baked Chicken w/Gravy Green Beans Bread Stuffing Whole Grain Roll Peaches	2 Tuna Salad on Whole Grain Bread Lettuce/Tomatoes 3 Bean Salad Fruit Cocktail	3 Grilled Cheese on Rye Bread Stewed Tomatoes Fruit Ambrosia	4 Ham Salad on Whole Grain Bread Potato Salad Fruit cocktail	5 White Chicken Chili Succotash Corn Bread Muffins Mandarin Oranges
8 Pizza Burger on Whole Grain Roll Green Beans Orange Sections	9 BBQ Chicken Brown Rice Pilaf Cauliflower w/cheese Whole Grain Roll Peaches	10 Hamburger on Whole Grain Roll Steak Fries Cole Slaw Jello w/fruit	11 Beef Cubes w/Gravy Noodles Peas & Onions Whole Grain Roll Pineapple	12 Pancakes Hash Browns Sausage Patty Baked Apples
15 Spaghetti w/Meat Sauce Tossed Salad w/dressing Garlic Bread Peaches	16 Hot Dog on Whole Grain Roll Potato Salad Pea Salad Jello	17 Chicken Alfredo Noodles Lima Beans Whole Grain Roll Pineapple	18 Chicken Salad on Whole Grain Bread Cucumber Salad Potato Chips Strawberries	19 Baked Ham w/raisin sauce Scalloped Potatoes Carrot & Raisin Salad Whole Grain Roll Mixed Fruit
22 Egg Salad on Whole Grain Bread Potato Soup Broccoli Salad Jello	23 Chicken Filet on Whole Grain Roll Lettuce/ Tomato Mixed Vegetables Pears	24 Waffles Hash Browns Sausage Patty Strawberries	25 BBQ Pork on Whole Grain Roll Baked Beans Coleslaw Mandarin Oranges	26 Hamburger on Whole Grain Roll Lettuce/Tomato Carrot/Raisin Salad Banana
29 Ham and Cheese on Whole Grain Bread Pea Salad Pears	30 Roast Beef w/Gravy Carrots & Potatoes Whole Grain Roll Jello			