



Daybreak Adult Day Services

Lunch Menu
March 2019



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
				1 Beef Cubes w/Gravy Noodles Peas & Onions Whole Grain Roll Pineapple
4 Baked Chicken w/Gravy Green Beans Bread Stuffing Whole Grain Roll Peaches	5 Roast Beef w/Gravy Carrots & Potatoes Whole Grain Roll Jello	6 Tuna Salad on Whole Grain Bread Lettuce/Tomatoes 3 Bean Salad Fruit Cocktail	7 Spaghetti w/Meat Sauce Tossed Salad w/dressing Garlic Bread Peaches	8 Grilled Cheese on Rye Bread Stewed Tomatoes Fruit Ambrosia
11 Fish Square w/cheese on Whole Grain Roll Vegetable Soup Mixed Fruit	12 Chicken Alfredo Noodles Lima Beans Whole Grain Roll Pineapple	13 Hot Dog on Whole Grain Roll Potato Salad Pea Salad Jello	14 Waffles Hash Browns Sausage Patty Strawberries	15 BBQ Pork on Whole Grain Roll Baked Beans Coleslaw Mandarin Oranges
18 Pizza Burger on Whole Grain Roll Green Beans Orange Sections	19 White Chicken Chili Succotash Corn Bread Muffins Mandarin Oranges	20 Chicken Salad on Whole Grain Bread Cucumber Salad Potato Chips Strawberries	21 Ham Salad on Whole Grain Bread Potato Salad Fruit cocktail	22 Pancakes Hash Browns Sausage Patty Baked Apples
25 Chicken Filet on Whole Grain Roll Lettuce/Tomato Mixed Vegetables Pears	26 Egg Salad on Whole Grain Bread Potato Soup Broccoli Salad Jello	27 Hamburger on Whole Grain Roll Lettuce/Tomato Carrot/Raisin Salad Banana	28 BBQ Chicken Brown Rice Pilaf Cauliflower w/cheese Whole Grain Roll Peaches	29 Ham and Cheese on Whole Grain Bread Pea Salad Pears

“ This program is an equal opportunity provider”