



# Daybreak Adult Day Services

Lunch Menu  
February 2019



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
				1 Beef Chili Cole Slaw Corn Muffins Mandarin Oranges
4 Chicken Tenders Macaroni & Cheese Green Beans Whole Grain Roll Peaches	5 Fish Square on Whole Grain Bun Vegetable Soup Fruit Cocktail	6 Ham & Cheese on Whole Grain Bread Potato Soup Carrots Mixed Fruit	7 Salisbury Steak w/Gravy Mashed Potatoes Green Beans Whole Grain Roll Mandarin Oranges	8 Roast Beef w/Gravy Carrots & Potatoes Whole Grain Roll Pineapple
11 Spaghetti w/Meat Sauce Tossed Salad Garlic Bread Pears	12 Grilled Cheese on Whole Grain Bread Tomato Soup Green Beans Orange Sections	13 Baked Chicken over Alfredo Noodles Italian Vegetables Corn Bread Peaches	14 Lasagna Tossed Salad Garlic Bread Pears	15 Chicken Filet on Whole Grain Bun Minestrone Soup Broccoli Pears
18 Baked Ham w/raisin sauce Broccoli & Cauliflower Sweet Potatoes Whole Grain Roll Jello	19 Baked Chicken Green Bean Casserole Bread Stuffing Whole Grain Roll Pears	20 Meatloaf Au gratin Potatoes Broccoli Whole Grain Roll Mandarin Oranges	21 Tuna Salad & Cheese on Whole Grain Bread Vegetable Soup Pineapple	22 French Toast w/Syrup Sausage Patty Hash Browns Baked Apples
25 Beef Noodle Casserole Peas Whole Grain Roll Mixed Fruit	26 Creamed Chip Beef over Whole Grain Bread Mixed Vegetables Baked Apples	27 Egg Salad on Whole Grain Bread w/Lettuce & Tomato Vegetable Soup Applesauce	28 Baked Fish Rice Pilaf Carrots & Peas Whole Grain Roll Pears	

“ This program is an equal opportunity provider”