


Daybreak Adult Day Services

Lunch Menu
November 2018



Lemonade, Iced Tea, Milk and Water offered with lunch. **LUNCH SERVED DAILY at NOON.**

Mon	Tue	Wed	Thu	Fri
			1 Chicken Tenders Sweet Potatoes Broccoli Whole Grain Roll Mandarin Oranges	2 Beef Stew with Potatoes & Carrots Whole Grain Roll Ambrosia
5 Chicken Parmesan on Ziti Pasta with sauce Tossed Salad Garlic Bread Applesauce	6 Egg Salad on Whole Grain Bread Italian Wedding Soup 3 Bean Salad Banana	7 Pancakes Hash Browns Sausage Patty Baked Apples	8 Cream Chip Beef on Whole Grain Toast Peas and Carrots Pineapple	9 Turkey Chili Succotash Corn Bread Ambrosia
12 Beef Noodle Casserole With Pasta Green Beans Garlic Bread Orange Sections	13 Fish Fillet on Whole Grain Roll Vegetable Soup Chips Fruit Cocktail	14 Beef Chili Succotash Corn Muffins Pineapple	15 Turkey with Gravy Dressing Mashed Potatoes Cranberry Sauce Green Bean Casserole Fruit Cocktail	16 Chicken Alfredo Whole Grain Pasta Broccoli Whole Grain Roll Peaches
19 Grilled Cheese on Whole Grain Bread Stewed Tomatoes Baked Apples	20 Chicken Pot Pie Mixed Vegetables Biscuit Peaches	21 Roast Beef with Gravy Green Bean Casserole Whole Grain Bread Pears	22  Happy Thanksgiving CENTER CLOSED	23 Chicken Salad on Whole Grain Bread With Lettuce/Tomato Minestrone Soup Fruit Cocktail
26 BBQ Chicken Cauliflower with Cheese Whole Grain Rice Pilaf Corn Bread Peaches	27 Baked Fish Calif. Mixed Vegetables Rice Whole Grain Roll Mandarin Oranges	28 Ham Steak Scalloped Potatoes Carrots Corn Bread Ambrosia	29 Meatloaf with Gravy Mashed Potatoes Peas & Onions Whole Grain Roll Jello	30 Turkey & Cheese Tortillas with Lettuce/ Tomato Chicken Noodle Soup Penn. Mixed Veggies. Banana

“ This program is an equal opportunity provider”