



# Daybreak Adult Day Services

Lunch Menu  
September 2018



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
3 LABOR DAY HOLIDAY  CENTER IS CLOSED	4 Beef Stew with Potatoes & Carrots Whole Grain Roll Ambrosia	5 Chicken Pot Pie Mixed Vegetables Biscuit Peaches	6 Turkey with Gravy Bread Stuffing Green Beans Whole Grain Roll Pears	7 Pancakes Hash Browns Sausage Patty Baked Apples
10 Fish Fillet on Whole Grain Roll Vegetable Soup Chips Fruit Cocktail	11 Chicken Tenders Sweet Potatoes Broccoli Whole Grain Roll Mandarin Oranges	12 Turkey Chili Succotash Corn Bread Ambrosia	13 Meatloaf with Gravy Mashed Potatoes Peas & Onions Whole Grain Roll Jello	14 BBQ Chicken California Blend Whole Grain Rice Pilaf Whole Grain Roll Applesauce
17 Beef Noodle Casserole With Pasta Green Beans Garlic Bread Orange Sections	18 Hot Turkey with Gravy On Whole Grain Bread Green Beans Pears	19 Egg Salad on Whole Grain Bread Italian Wedding Soup 3 Bean Salad Banana	20 Ham Steak Scalloped Potatoes Carrots Corn Bread Ambrosia	21 Hamburger on Whole Grain Roll Tater Tots Cucumber Salad Peaches
24 Chicken Alfredo Whole Grain Pasta Broccoli Whole Grain Roll Peaches	25 Beef Chili Succotash Corn Muffins Pineapple	26 Salisbury Steak with Gravy Mashed Potatoes Green Beans Whole Grain Roll Jello	27 Baked Fish Calif. Mixed Vegetables Rice Whole Grain Roll Mandarin Oranges	28 Chicken Salad on Whole Grain Bread With Lettuce/Tomato Minestrone Soup Fruit Cocktail

“ This program is an equal opportunity provider”