



Daybreak Adult Day Services

Lunch Menu

July 2018



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
2 Chicken Strips Pasta Salad Zucchini Whole Grain Roll Fruit Cocktail	3 Hot Dog on Whole Grain Roll Potato Salad Watermelon	4 HAPPY 4th of JULY!! CENTER CLOSED	5 BBQ Pork on Whole Grain Bun Cole Slaw Pineapple	6 Hamburger on Whole Grain Bun Lettuce/Tomato Cucumber Salad Pears
9 Chicken Filet on Whole Grain Bun Lettuce/Tomato Mixed Vegetables Jello	10 Beef Cubes with Gravy Noodles Carrots Whole Grain Roll Fruit Cocktail	11 Baked Fish Penn Blend Vegetables Parslied Potatoes Whole Grain Roll Jello	12 Spaghetti and Meatballs in Tomato Sauce Tossed Salad Garlic Bread Pears	13 Turkey and Chesse Whole Grain Bread Potato Salad Applesauce
16 BBQ Chicken California Blend Whole Grain Roll Rice Pilaf Pineapple	17 Pancakes Hash Browns Sausage Patty Strawberries	18 Chicken Salad Tossed Salad Macaroni Salad Whole Grain Saltines Melon Cubes	19 Tuna Salad on Whole Grain Bread Carrot Raisin Salad Chips Watermelon	20 Egg Salad on Whole Grain Bread Broccoli Salad Mandarin Oranges
23 Ham Salad on Whole Grain Roll Pea Salad Banana	24 Vegetable Soup Fish Square w/Cheese On Whole Grain Bun Melon Cubes	25 Cheeseburger on Whole Grain Bun Lettuce/Tomato Cole Slaw Watermelon	26 Chicken in Alfredo Sauce Noodles Carrots Whole Grain Roll Peaches	27 BBQ Beef on Whole Grain Bun Cole Slaw Piineapple
30 Chicken Tenders Broccoli Rice Whole Grain Roll Oranges Slices	31 Meatballs w/Cheese on Whole Grain Sub Roll Green Beans Fruit Cocktail			