



Daybreak Adult Day Services

Lunch Menu

May 2018



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
	1 Pizza Burger on Whole Grain Bun Green Beans Oranges	2 Chicken Alfredo Noodles Lima Beans Whole Grain Roll Pineapple	3 Grilled Cheese on Rye Bread Stewed Tomatoes Fruit Ambrosia	4 Spaghetti and Meat Sauce Tossed Salad w/Dressing Garlic Bread Peaches
7 Pot Roast and Gravy Potato and Carrots Whole Grain Roll Jello	8 Fish Square with cheese on Whole Grain Bun Vegetable Soup Mixed Fruit	9 Ham Salad on Whole Grain Roll Potato Salad Fruit cocktail	10 BBQ Chicken Brown Rice Pilaf Cauliflower with Cheese sauce Peaches	11 Pancakes Hash Browns Sausage Patty Baked Apples
14 Baked Chicken w/Gravy Bread Stuffing Green Beans Whole Grain Roll Pears	15 BBQ Pork on Whole Grain Bun Baked Beans Coleslaw Mandarin Oranges	16 Tuna Fish on Whole Grain Bread Lettuce/Tomato 3 Bean Salad Fruit Cocktail	17 Hamburger on Whole Grain Lettuce/Tomato Carrot/Raisin Salad Banana	18 White Chicken Chili White Beans Succotash Corn Bread Muffins Mandarin Oranges
21 Ham and Cheese on Whole Grain Bread Pea Salad Pears	22 Chicken Salad on Whole Grain Bread Cucumber Salad Chips Melon Cubes	23 Potato Soup Egg Salad on Whole Grain Bread Broccoli Salad Jello	24 Chicken Filet on Whole Grain Bun Lettuce/Tomato Pennsylvania Blend Vegetables Pears	25 Hot Dog on Whole Grain Roll Potato Salad Pea Salad Jello
28 CLOSED MEMORIAL DAY	29 Beef Cubes with Gravy Noodles Peas and onions Whole Grain Roll Pineapple	30 Chicken Tenders Tator tots Carrots Whole Grain Roll Applesauce	31 Waffles Hash Browns Sausage Patty Strawberries	