



Daybreak Adult Day Services

March Lunch Menu

2018



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
			1 Hot Dog on Whole Grain Roll Potato Salad Mandarin Oranges	2 Beef Cubes w/Gravy Noodles Peas Whole Grain Roll Baked Apples
5 Pizza Burger on Whole Grain Bun Green Beans Mandarin Oranges	6 Turkey and Cheese on Whole Grain Sub Roll Lettuce/ Tomato Cucumber Salad Fruit Cocktail	7 Chicken Tenders Tator tots Carrots Whole Grain Roll Applesauce	8 Pot Roast and Gravy Potato and Carrots Whole Grain Roll Jello	9 Baked Fish Mac and Cheese Stewed Tomatoes Corn Muffin Pineapples
12 Chicken Alfredo Noodles Lima Beans Whole Grain Roll Pineapples	13 BBQ Pork on Whole Grain Bun Baked Beans Coleslaw Mandarin Oranges	14 Pancakes Hash Browns Sausage Patty Baked Apples	15 Hamburger on Whole Grain w/ Lettuce/Tomato Carrot/Raisin Salad Banana	16 Chicken Salad on Whole Grain Bun Cucumber Salad Chips Strawberries
19 Ham and Cheese on Whole Grain Bread Pea Salad Pears	20 Chicken Filet on Whole Grain Bun Lettuce/Tomato Pennsylvania Blend Mixed Vegetables Pears	21 Beef Cubes with Gravy w/Noodles Peas and onions Whole Grain Roll Pineapples	22 Grilled Cheese on Rye Bread Stewed Tomatoes Fruit Ambrosia	23 White Chicken Chili White Beans Succotash Corn Bread Muffins Mandarin Oranges
26 Potato Soup Egg Salad on Whole Grain Bread Broccoli Salad Jello	27 Baked Chicken Bread Stuffing Gravy Green Beans Whole Grains Roll Pears	28 Tuna Fish on Whole Grain Bread Lettuce/Tomatoes 3 Bean Salad Fruit Cocktail	29 Waffles Hash Browns Sausage Patty Strawberries	30 Spaghetti and Meat Sauce Tossed Salad Garlic Bread Peaches