



Daybreak Adult Day Services

Lunch Menu

February 2018



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
			1 Hot Dog on Whole Grain Roll Potato Salad Mandarin Oranges	2 Chicken Parmesan with Noodles Green Beans Whole Grain Roll Applesauce
5 Beef Cubes w/Gravy Noodles Peas Whole Grain Roll Baked Apples	6 Chipped Beef on Pancakes Hash browns Baked Apples	7 Pizza Burger on Whole Grain Bun Broccoli Salad Pasta Salad Banana	8 Chicken Tenders Mac and Cheese Stewed Tomatoes Whole Grain Roll Pears	9 Fish Fillet on Whole Grain Bun w/ Lettuce/ Tomato Carrots Applesauce
12 Potato Soup Egg Salad on Whole Grain Bread California Vegetables Fruit Cocktail	13 Beef Stew Lima Beans Whole Grain Roll Peaches	14 Tuna Salad on Whole Grain Bread Lettuce/ Tomato Three Bean Salad Banana	15 Cold Cut on Whole Grain Roll Lettuce & Tomato Pea Salad Applesauce	16 Spaghetti and Meat Sauce Tossed Salad Garlic Bread Baked Apples
19 Baked Chicken Bread Stuffing Green bean Casserole Whole Grain Roll Fruit Ambrosia	20 Grilled Cheese on Whole Grain Bread Tomato Soup Carrot Raisin Salad Fruited Jello	21 Chicken Alfredo over Noodles Mixed vegetables Whole Grain Roll Pineapple	22 BBQ Pork on Whole Grain Bun Coleslaw Chips Peaches	23 Pancakes Hash Browns Sausage Patty Baked Apples
26 Baked Ham Scalloped Potatoes California Vegetables Corn Bread Banana	27 Sloppy Joes Cole Slaw Green Beans Fruit Cocktail	28 Meat Loaf Mashed Potatoes with Gravy Lima Beans Whole Grain Roll Mandarin Oranges		