




# Daybreak Adult Day Services

## January Lunch Menu

2018



Lemonade, Iced Tea, Milk and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
<p>1 Closed for New Years Day</p> 	<p>2 Waffles Sausage Patty Hash Browns Blueberries</p>	<p>3 Hot Dog on Whole Grain Roll Potato Salad Mandarin Oranges</p>	<p>4 Tuna Salad on Whole Grain Bread Lettuce/ Tomato Three Bean Salad Banana</p>	<p>5 Spaghetti and Meat Sauce Tossed Salad Garlic Bread Baked Apples</p>
<p>8 Beef Stew Lima Beans Whole Grain Roll Peaches</p>	<p>9 BBQ Pork on Whole Grain Bun Coleslaw Chips Peaches</p>	<p>10 Baked Chicken Bread Stuffing Green bean Casserole Whole Grain Roll Fruit Ambrosia</p>	<p>11 Baked Ham Scalloped Potatoes California Vegetables Corn Bread Banana</p>	<p>12 Chicken Fillet on Whole Grain Bun Lettuce/ tomatoes Vegetable Soup Broccoli Pears</p>
<p>15 French Toast Hash Browns Sausage Patty Baked Apples</p>	<p>16 Pizza Burger on Whole Grain Bun Broccoli Salad Pasta Salad Banana</p>	<p>17 Cold Cut on Whole Grain Roll Lettuce &amp; Tomato Pea Salad Applesauce</p>	<p>18 Potato Soup Egg Salad on Whole Grain Bread California Vegetables Fruit Cocktail</p>	<p>19 Chicken Parmesan with Noodles Green Beans Whole Grain Roll Applesauce</p>
<p>22 Chicken Alfredo over Noodles Mixed vegetables Whole Grain Roll Pineapple</p>	<p>23 Chicken Tenders Mac and Cheese Stewed Tomatoes Whole Grain Roll Pears</p>	<p>24 Meat Loaf Mashed Potatoes with Gravy Lima Beans Whole Grain Roll Mandarin Oranges</p>	<p>25 Chipped Beef on Pancakes Hash browns Baked Apples</p>	<p>26 Grilled Cheese on Whole Grain Bread Tomato Soup Carrot Raisin Salad Fruited Jello</p>
<p>29 Fish Fillet on Whole Grain Bun w/ Lettuce/ Tomato Carrots Applesauce</p>	<p>30 Beef Cubes w/Gravy Noodles Peas Whole Grain Roll Baked Apples</p>	<p>31 Sloppy Joes Cole Slaw Green Beans Fruit Cocktail</p>		