



Daybreak Adult Day Services

October 2017

Lunch Menu



Lemonade, Iced Tea, and Water offered with lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
2 Chicken Fillet on Bun Vegetable Soup Peas Pears	3 Hot Dog on Roll Chips Potato Salad Watermelon	4 Tomato Soup Grilled Cheese Carrot Raisin Salad Applesauce	5 Beef Stew Broccoli Whole Grain Roll Peaches	6 Pancakes Sausage Patty Hash Browns Blueberries
9 Beef Cubes w/Gravy Noodles Peas Whole Grain Roll Applesauce	10 Turkey Bread Stuffing w/ Gravy Wheat Roll Green bean Casserole Pineapple	11 Cold Cuts on sub roll Lettuce/ Tomato Pea Salad Applesauce	12 Chicken Tenders Mac and Cheese Stewed Tomatoes Whole Grain Roll Pears	13 BBQ Pork on Bun Coleslaw Chips Fruit Cocktail
16 Waffles Sausage Patties Hash browns Bakes Apples	17 Meat Loaf Mashed Potatoes w/ Gravy Lima Beans Mandarin Oranges	18 BBQ Chicken Scalloped Potatoes Broccoli Whole Grain Roll Peaches	19 Pizza Burger Broccoli Salad Pasta Salad Banana	20 Potato Soup Egg Salad on Whole Grain Bread California Vegetables Fruit Cocktail
23 Spaghetti w/Meat Sauce Tossed Salad Garlic Bread Baked Apples	24 Tuna Salad on Rye Bread Lettuce/ Tomato Three Bean Salad Chips Banana	25 Chicken Alfredo over Noodles Mixed vegetables Whole Grain Roll Mandarin oranges	26 Baked Ham Scalloped Potatoes California Vegetables Corn Bread Pineapples	27 Hamburger on Bun w/ Lettuce & Tomato Tater Tots Applesauce
30 Chicken Parmesan With Noodles Green Beans Whole Grain Roll Applesauce	31 Cheese Pizza Garden Salad Pineapples			