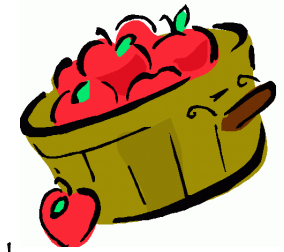




# Daybreak Adult Day Services

November 2017

## Lunch Menu



Lemonade, Iced Tea, Skim Milk and Water served at lunch. LUNCH SERVED DAILY at NOON.

Mon	Tue	Wed	Thu	Fri
		1 Hot Dog on Whole Grain Roll Potato Salad Watermelon	2 Beef Cubes w/Gravy Noodles Peas Whole Grain Roll Applesauce	3 Baked Chicken Bread Stuffing Green bean Casserole Whole Grain Roll Fruit Ambrosia
6 Chicken Fillet on Whole Grain Bun Vegetable Soup Broccoli Pears	7 Beef Stew Lima Beans Whole Grain Roll Peaches	8 Fish Filet on Whole Grain Bun Lettuce & Tomato Carrots Applesauce	9 Chipped Beef on Pancakes Hash browns Baked Apples	10 Pizza Burger on Whole Grain Bun Broccoli Salad Pasta Salad Banana
13 Spaghetti and Meat Sauce Tossed Salad Garlic Bread Baked Apples	14 Tuna Salad on Whole Grain Bread Lettuce/ Tomato Three Bean Salad Banana	15 Chicken Parmesan With Noodles Green Beans Whole Grain Roll Applesauce	16 Turkey Bread Stuffing w/ Gravy Mashed Potatoes Green bean Casserole Pineapple	17 Grilled Cheese on Whole Grain Bread Tomato Soup Carrot Raisin Salad Fruited Jello
20 French Toast Sausage Patty Hash Browns Blueberries	21 Meat Loaf Mashed Potatoes w/ Gravy Lima Beans Whole Grain Roll Mandarin Oranges	22 Chicken Tenders Mac and Cheese Stewed Tomatoes Whole Grain Roll Pears	23  CLOSED FOR THANKSGIVING	24 Potato Soup Egg Salad on Whole Grain Bread California Vegetables Fruit Cocktail
27 BBQ Pork on Whole Grain Bun Coleslaw Chips Peaches	28 Baked Ham Scalloped Potatoes California Vegetables Corn Bread Banana	29 Chicken Alfredo over Noodles Mixed vegetables Whole Grain Roll Pineapple	30 Cold Cut on Whole Grain Roll Lettuce & Tomato Pea Salad Applesauce	

“This program is an equal opportunity provider”